

FOOD ASSISTANCE RESOURCE GUIDE



RESOURCE MAP

SCAN FOR A MAP OF THE
RESOURCES LISTED IN
THIS GUIDE OR VISIT:

bit.ly/nhvfoodmap

Please call ahead to confirm hours

Food Pantries

Believe in Me Impowerment

427 Dixwell Ave.
203-772-2771
1st Tues & 3rd Thurs of month,
3pm-5pm

Christian Community Action

168 Davenport Ave
203-777-7848
Appointments M-W 9:30am-
4pm
Emergencies Tuesday 2pm-
3pm

Christian Love Center- West River

154 Derby Ave.
203-752-1644
2nd and 3rd Thursday 4pm-
6pm

DESK

475-331-6137
Dinner: Sun-Thur 5pm-6pm at
311 Temple St.
Dinner: Fri-Sat 5pm-6pm at
323 Temple St.
Groceries: 57 Olive St 1:30pm-
3pm Wed. Must complete
form and bring reusable bag.

Immanuel Missionary Baptist Church

1324 Chapel St.
203-777-8744
4th Sat a month, 8am-9:30am
East Haven residents only

Integrated Refugee & Immigrant Services (IRIS)

75 Hamilton St. (across from
parking lot with loading docks)
203-562-2095 ext 218
Wed 8:30am-11am
Pantry serves immigrants,
refugees, asylees, asylum
seekers, and CT residents.

Jewish Family Services

1440 Whalley Ave.
203-397-0796
Wed & Thur 9am-noon
By appointment only

Liberty Educational Service Center

44 Eastern St.
203-691-9494
203-606-1905
2nd and 4th Saturday 1pm-
3pm
Only open to New Haven
residents.
Call by Friday 2pm to make an
appointment

Loaves & Fishes

57 Olive St.
203-562-2691
Saturday, 8am-10am

Mount Hope Recovery Center

565 Dixwell Ave.
203-785-0656
Two Fridays a month from
5:00pm-6:00pm. Must call first
for the schedule

New Flame Restoration

1375 State Street
203-843-8831
Thursdays at 2pm

New Haven Church of Christ

16 Gem St.
203-777-2992
2nd Sat of month, starting at
12pm

New Haven Inner City Enrichment (NICE)

Program- Hill Substation
410 Howard Ave.
203-479-0056
Last Sat of month, 11am-1pm

Upon This Rock Ministries - Dwight Substation

150 Edgewood Ave.
203-387-1215
3rd Sat of month, 9am-12pm

Vertical Church - Fair Haven Substation

295 Blatchley Ave.
203-503-8620
3rd Sat of month, 9am-11am

Vertical Church - West Haven

225 Meloy Rd, West Haven
203-503-8620
Mobile food bank
Every other Tuesday

Walk of Faith Church

104 Fairmont Ave.
203-469-5134
Wed, 12:30pm-1:30pm
Sign up begins at 9:30am Call
ahead

Women of the Village - Dixwell Substation

26 Charles St.
203-675-9437
203-376-2790
Tues, 1pm-2pm

Soup Kitchens

Community Soup Kitchen

84 Broadway
203-624-4594
Breakfast: Sat 8am-9am
Meals: M, Tues, Th, Fri 11:00 AM to
1:00 PM

Thomas Chapel Church of Christ

30 White St.
203-865-6254
Wed, 11am-1pm

St. Thomas More Chapel

268 Park St.
203-777-5537
Wed, 11am-1pm; Begins the first
Wed in Oct and ends the last
Wed in April

Yale Community Kitchen

323 Temple St.
Fri & Sat, 5pm-6pm
All dinners served outside

Client Specific Needs

A Place to Nourish Your Health

475.441.7019
Only open to APNH clients living
with HIV.

Free Forever Prison Ministry

125 Ramsdell Street
203-435-6418
M-F, 9am-5pm
Appointment necessary. Food
pantry provides food for
individuals with HIV or recently
released from prison. Call ahead.

SNAP (Food Stamps)

Households and individuals who wish to apply for Supplemental Nutrition Assistance Program (SNAP) may check eligibility and apply online at www.connect.ct.gov, under 'Apply for Benefits'.

Women, Infants & Children (WIC)

The program is a supplemental food and nutrition program. If you are a father, mother, foster parent, or other legal guardian of a child under 5 years of age, you can apply for your child. If you are pregnant, breastfeeding, or have had a baby in the last 6 months, you can apply for yourself. Please call 1-800-741-2142 for more information and to apply

OPEN TO ALL

No proof of income or
residency status required

- All agencies that distribute TEFAP/USDA food must distribute food to CT residents regardless of city or neighborhood.
- Individuals will be asked to verbally attest to eligibility requirements.

Connecticut Food Bank Mobile Pantry

Pantry times vary by
location and time.
Check the schedule at:

bit.ly/mobilepantries

For additional resources,
please dial: 2-1-1
For the latest guide,
visit:

bit.ly/getconnectednhv