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INTEGRATED REFUGEE
& IMMIGRANT SERVICES

Essential Resource Packet

Food Pantry & Grocery

(Call ahead to confirm hours of operation)

Food Pantries

Hands on Hartford

[55 Bartholomew Avenue, Hartford, CT](#)

(860) 728-3201

Mon-Thurs: 9:30am-11:30am, 1:15pm-4:30pm

*Can be utilized once/month, must bring ID and proof of Hartford residency

Cathedral of Saint Josephs

[136 Farmington Avenue, Hartford, CT](#)

(860) 249-8431

Thurs: 9-11:45am

Institute for Hispanic Family Food Pantry

[45 Wadsworth Street, Hartford, CT](#)

(860) 527-1124

Tues and Thurs: 10am-2pm

Crossroads Community Cathedral Food Pantry

[1492 Silver Lane, East Hartford CT](#)

(860) 895-1231

Every other Wed: 9am-12pm

Saint Mary's Church Food Pantry

[15 Maplewood Avenue, East Hartford, CT](#)

(860) 289-7916

Tues-Fri: 11:30am-2pm

Anja Rosenberg Kosher Food Pantry

[333 Bloomfield Avenue, Suite A, West Hartford, CT](#)

(860) 236-1927

Tues-Thurs: 10am-3pm

*Call to make an appointment

New Britain Food and Resource Center

[550 Farmington Ave, New Britain, CT](#)

(860) 827-8402

Wed and Fri: 11am-3pm

Town of Newington Food Pantry

[200 Garfield St, Newington, CT 06111](#)

(860) 665-8590

Tues: 12pm-3pm, Thurs: 9am-12pm,
2nd and 4th Mon of month: 4pm-6:30pm

*Call to make an appointment to register with proof of Newington residency

Town of Farmington Food Pantry

[1 Monteith Drive, Farmington, Ct 06032](#)

(860) 675-2390

M-F: 9am-4pm

*Call to make an appointment after completing this [application](#).

Gifts of Love (Hartford or Avon)

[34 East Main Street, Avon, CT](#)

571 Farmington Ave, Hartford, CT

(860) 206-0045 (Avon)

(860) 676-2323 (Hartford)

Tues/Wed/Fri: 9am-4pm (Avon)

Tues/Wed/Fri 10am-2:30pm (Hartford)

*Can be utilized once/month by families working at least 10 hours/week. Apply using [referral form](#). Clothing, household items, and backpacks are also available.

West Hartford Food Pantry

Room 130, 50 South Main St, West Hartford, CT

860-561-7580

Tues: 3:30pm-5pm, Wed: 9am-10:30am, Fri:
10:30am-12pm

*Clients must register using photo ID and proof of residency.

Soup Kitchens

Tomasso family community kitchen

85 Arch St, New Britain, CT 06051

(860) 225-0211

Lunch M-F, 11:45am-12:45pm

Hot meals and food pantry

Fern Street Food Ministry

433 Fern Street, West Hartford, CT 06107

(860) 233-3669

Every other Monday morning

Hands Caring in Action

55 Bartholomew Avenue, Hartford, CT 06106

(860) 728-3201

Mondays: 5:30-6:30pm

Halal food, Community pantry

Gather 55

55 Bartholomew Ave, Hartford, CT 06106

(860) 728-3201

M-Thurs: 9am-2pm

Pay what you can policy

Loaves Fishes Ministries

10 Woodland St, Hartford, CT 06105

(860) 524-1730

Mon-Fri 11:30am-12:45pm

St. Patrick- St. Anthony Church

85 Church Street, Hartford, CT 06103

(860) 756-4034

Sandwiches served daily, Mon-Sun 4pm-5:30pm

Hot meals served Tues/Thurs 4pm

Soup Kitchen and Clothing Closet

350 Albany Avenue, Hartford, CT 06120

(860) 247-3767

Free lunch and clothes, Thurs: 11am-1pm

Hartford Rescue Mission-

[2030 Main Street, Hartford, CT](#)

(860) 241-0989

M-F: 4:30-5:30pm

New Covenant

16 Church Street, East Hartford, CT 06108

(860) 528-2228

M,W,F: 3:30-5:30pm

Grocery Stores

Shoprite-

East Hartford: 31 Main St, East Hartford, CT 06118,
[\(860\) 895-8390](#), M-F 6am-10pm

Manchester: 214 Spencer St, Manchester, CT 06040,
[\(860\) 645-3240](#), M-F am-10pm

Key Food Supermarkets-

Hartford: 1250 Park St, Hartford, CT 06106, [\(860\) 206-3751](#), M-F 7:30am-8pm

Aldi-

West Hartford: 511 New Park Ave, West Hartford, CT 06110, [\(855\) 955-2534](#), M-F 9am-8pm

East Hartford: 801 Silver Ln, East Hartford, CT 06118,
[\(855\) 955-2534](#), M-F 9am-8pm

Newington: 2640 Berlin Turnpike, Newington, CT 06111, [\(855\) 955-2534](#), M-F 9am-8pm

New Britain: 693 Farmington Ave, New Britain, CT 06053, [\(855\) 955-2534](#), M-F 9am-8pm

Big Y-

Manchester: 234 Tolland Turnpike, Manchester, CT 06042, [\(860\) 645-7140](#), M-F 7am-9pm

Plainville: 275 New Britain Ave, Plainville, CT 06062,
[\(860\) 747-5724](#), M-F 7am-9pm

Avon: 255 W Main St, Avon, CT 06001, [\(860\) 678-1322](#),
M-F 7am-9pm

West Hartford: 772 N Main St, West Hartford, CT 06117, [\(860\) 236-1505](#), M-F 7am-9pm

Walmart supercenter-

Hartford: 495 Flatbush Ave, Hartford, CT 06106, [\(860\) 953-0040](#), M-F 6am-11pm

Price chopper-

Newington: 2985 Berlin Turnpike, Newington, CT 06111, [\(860\) 665-8342](#), M-F 6am-11pm

Windsor: 675 Poquonock Ave, Windsor, CT 06095,
[\(860\) 687-1411](#), M-F 6am-11pm

Stew Leonards-

Newington: 3475 Berlin Turnpike, Newington, CT 06111, [\(860\) 760-8100](#), M-F 7am-9pm

WholeSale Grocery-

Costco: \$60 Annual Fee, 405 Hartford Rd, New Britain, CT 06053

BJ's: \$55 Annual Fee, 507 New Park Ave, West Hartford, CT 06110

Sam's Club: \$50 Annual Fee, 3465 Berlin Turnpike, Newington, CT 06111

Clothing

Clothing Banks:

Gifts of Love- 34 East Main Street, Avon, CT
860-676-2323
M-F: 9am-4pm

NUMC Gifts for God Children's Clothing Bank-
1229 Albany Avenue, Hartford, CT
860-722-0002
Children ages 0-12, Saturday 9am-12pm

Dress for Success- 280 Trumbull Street, Hartford, Ct
06103
860-525-5015

Women's professional clothing, call to schedule an appointment.

Shiloh Baptist Church- 350 Albany Avenue,
Hartford, CT 06120
860-247-3767
Every Thursday after 1pm

Town of newington- 200 Garfield Street, Newington,
CT
860-665-8590
M-F: 8:30am-4:30pm, must call in advance to determine
eligibility

God's Grocery Store- Food Pantry and Clothing- 97
Broad Street, Plainville, CT
860-747-5867
W: 10am-2pm

Low-Cost Clothing:

Salvation Army-

Newington: 2230 Berlin Turnpike, Newington, CT
06111

West Hartford: 983 New Britain Ave, West Hartford, CT
06110

Hartford: 217 Washington St, Hartford, CT 06106

Goodwill-

New Britain: 615 Hartford Rd, New Britain, CT 06053

Manchester: 232A Tolland Turnpike, Manchester, CT
06042

Savers-

Newington- 3137 Berlin Turnpike, Newington, CT
06111

Manchester- 410C Middle Turnpike W, Manchester, CT
06040

Health Providers

Asylum Hill Family Medical Center- 99 woodland
Street, Hartford, CT 06105
860-714-4212
M,T,Th,F 8am-5:30pm, W 1-8pm
Pediatric and Adult Medicine

St. Francis Hospital- 114 Woodland Street, Hartford,
CT 06105
860-714-4000
Open 24 Hours
Pediatric and adult medicine

UCONN Health- East Hartford- 800 Connecticut
Blvd #1, East Hartford, CT 06108
860-282-3894
M-F 7:30am-4:30pm
Pediatric and adult medicine

UCONN Health- West Hartford- 65 Kane St, West
Hartford, CT 06119

860-523-6436
M-F 7:30am-4:30pm
Pediatric and adult medicine

UCONN Health- Farmington- 263 Farmington Ave,
Farmington, CT 06030
860-679-2000
Open 24 hours
Pediatric and adult medicine

Charter Oak Family Health Center- 21 Grand St,
Hartford, CT 06106
860-550-7500
M-F 8:30am-5pm, Sat-Sun 8:30am-2:30pm
Community Health

Mental Health:

Wheeler Hartford Family Health and Wellness Center- 43-49 Woodland Street, Hartford, CT 06105
860-793-3550
M-F 8am-6pm, Sat 9am-1pm
Community Health

Capitol Region Mental Health Center (CRMHC)- 500 Vine Street, Hartford, CT 06112
860-297-0999
M-F 8am-8:30pm
Mental health crisis intervention

Community Mental Health Affiliates (CMHA)-
233 Main street 1st Floor, New Britain, Ct 06051
860-224-8192
M-Sat 8am-7pm
Mental health and addiction services

Dentistry:

Advance dental- 477 Connecticut Blvd, Suite 201,
East Hartford, CT 06108
860-289-4080
M-Th 7am-5pm, F 9am-5pm
Adult and pediatric dentistry

Children and Family Dentistry and Braces of Hartford- 272 Franklin Ave, Hartford, CT 06114
860-296-5437
M-Th 9am-6pm, F 8am-5pm, Sat 9am-5pm
Adult and pediatric dentistry

CT Pediatric Dentistry- West Hartford- 345 North
Main Street, West, Hartford, CT 06107
860-523-4213
M-F 9am-5pm, Sat 9am-2pm
Pediatric dentistry

Childcare

(Call ahead to learn about enrollment information)

Capitol Child Development Center- 450 Broad St,
Hartford, CT 06106
860-240-8713
M-F 8am-5pm

JCK Day Care- 31 Merrill St, Hartford, CT 06106
860-655-2492
24 hrs/day, 7 days/week

Our Children's Center (OCC) Daycare- 90 N
Main St, West Hartford, CT 06107
860-561-0569
M-F 7:30am-5:30am

Education Playcare- 389 Park Rd, West Hartford, CT
06119
860-580-5353
M-F 7am-6pm

Happy Little Faces Daycare- 169 Flatbush Ave,
Hartford, CT 06106
860-890-1414
24 hrs/day, 7 days/week

YWCA of New Britain Childcare Center- 19
Franklin Sq, New Britain, CT 06051
860-225-4681

M-F 6:30am-5:30pm
Financial aid available

YWCA East Hartford Early Learning Center- 9

Signor St, East Hartford, CT 06108

860-291-2700

M-F 7am-5:30pm

Creative Playtime Preschool- 200 Garfield St,

Newington, CT 06111

860-665-0114

M-F 9:30am-2:30pm

Farmington Collaborative Preschool Iar middle

School- 20 Wolfpit Rd, Farmington, CT 06032

860-404-0112

M-F 7am-5pm

ESOL Classes

(Call ahead to get enrollment schedule)

American Cultural Immersion and Literacy

Volunteers of Greater Hartford- 30 Arbor St,

Hartford, CT 06106

866-569-9043

M-F 8am-6:30pm, Sat 8am-12pm

East Hartford Adult Education- [869 Forbes Street,](#)

[East Hartford, CT 06118](#)

860-622-5355

Monday-fridays: 9-11am, Mondays-thursdays: 12-2pm,

Tuesdays-thursdays: 6-8pm

House of Bread- 40 Clifford Street, Hartford, CT

860-569-4188

ESOL program, Intro to citizenship, Beginning Writing,

Tutoring, Computer Literacy, Mom's english club

Farmington Continuing Education- 1 Monteith

Drive, Farmington, CT 06032

860-404-0290

Daytime and evening classes

West Hartford Public Schools- 50 South Main St,

West Hartford, CT 06107

860-561-6600 OR text 860-986-2864

Childcare available during classes

Literacy Volunteers of Central Connecticut- 20

High Street, New Britain, CT 06051

860-229-7323, info@literacycentral.org

M-Th 9am-9pm, F 9am-5pm

YWCA Family Literacy Program- 19 Franklin

Square, New Britain, CT 06051

860-225-4681, bheidenis@ywcaneubritain.org

M-Th 9:30am-1:30pm

For woman with young children

Workforce Readiness

Snap Education and Training- 271 Scott Swamp

Road, Farmington, CT 06032

860-773-1456, lruiz@tunxis.edu

Job training

Hartford American Job Center- 60 Weston St.,

Hartford, CT 06120

860-656-2500

Career guidance, job placement, and business services

Literacy Volunteers of Greater Hartford- 30

Arbor St Suite #106, Hartford, CT 06106

860-233-3853

Resume building, job applications, interview preparation

Southside Institutions Neighborhood Alliance-

207 Washington Street, Hartford, CT 06106

860-493-1618

For Hartford's residents living in the **south end**

Literacy Volunteers of Central Connecticut- 20

High Street, New Britain, CT 06051

860-229-7323, info@literacycentral.org

Call to inquire about programs

Financial Readiness

New Britain Housing Authority Center for

Excellence- 57 Fern St, New Britain, CT 06053

860-224-2433, info@nhsnb.org

Free finance, homebuyers, and rental education workshops

CT Association for Human Services- 110

Bartholomew Ave Suite 4020, Hartford CT 06106

860-951-2212, info@cahs.org

Banking classes, financial capability workshops, financial coaching

Urban League of Greater Hartford- 140 Woodland

Street, Hartford CT, 06105

860-527-0147

Economic empowerment and workforce development

Community Renewal Team, Inc.- 555 Windsor

Street, Hartford CT 06120

860-560-4210

Virtual financial literacy classes, housing counseling, and food assistance

HRA of New Britain, Inc.- 35 Oak Street, New

Britain, CT

860-826-2278

Financial education and management training